

Is your life centered? Take the following survey to determine if your life is centered.

1. You are at home on a Tuesday night doing your algebra homework. It's slow-going and boring. You hear friends drive up to the curb and yell that they're heading out to dinner. What do you do?

 - a. If you decide to keep doing your homework, even though it's boring draw an F in the margin.
 - b. If you decide to go out with friends and tell yourself that you can always do your homework later, draw an A in the margin.

2. Your family is planning a five-day summer vacation to Florida. You want to go, but taking five days off work means that you won't earn as much to buy clothes for school. What do you do?

 - a. If you decide to stay home and work, place a B in the margin.
 - b. If you decide to go with your family to Florida, put an F in the margin.

3. You are getting ready to go out with your friends-they'll be there any minute. The phone rings and it's your boyfriend/girlfriend. He/she is wondering if you can come over right now to hang out and watch a video. What do you do?

 - a. If you decide to go to your girlfriend/boyfriend house, put the letter C in the margin.
 - b. If you decide to tell your boyfriend/girlfriend that you have plans with your friends, put the letter F in the margin.

4. Its 11:00pm, and you are studying for your English test. You've been studying all evening, and you're pretty sure you'll do well on the test tomorrow. You're tired and want to go to bed. But you have an A average in the class and if you study a little longer you can ensure that you ace the test, you can bring your grade to a solid A. What do you do?

 - a. If you decide to go to bed to renew yourself, put the letter F in the margin.
 - b. If you decide to stay up longer to ace the test, put the letter D in the margin.

5. You are attending college recruitment day at your school and are sitting in one of the presentations. You are overwhelmed. You have no idea what you want to be when you get older, and no idea what college you want to attend. The presentation you're in is for the college your mother wants you to go to. You don't know what you want to do, but you'd rather just have the decision over with. At the end of the presentation the presenter asks the class to fill out applications. What do you do?

 - a. You decide to wait and fill out an application after you've thought about your options a little more, place the letter F in the margin.
 - b. If you decide to fill out an application, put the letter E in the margin.

Count up the number of each letter you placed in the margin and record the data here:

A _____ B _____ C _____ D _____ E _____ F _____

Answer key

Box F: If you have 3 or higher in this column you have a pretty healthy center.

Box E: If you have 1 in this column, read pages 22 to examine if you are too parent-centered.

Box D: If you have a 1 in this column read page 21. School is important but don't overdue it.

Box C: If you have a 1 in this column read page 20 to examine if your life is too girlfriend/boyfriend centered.

Box B: If you have a 1 in this column read page 19. There is nothing wrong with accomplishing and enjoying your money, but try not to center your life on things that in the end have no lasting value. Great memories of vacations will last forever.

Box A: If you have a 1 in this column, read page 19 to examine if your life is too friend centered.